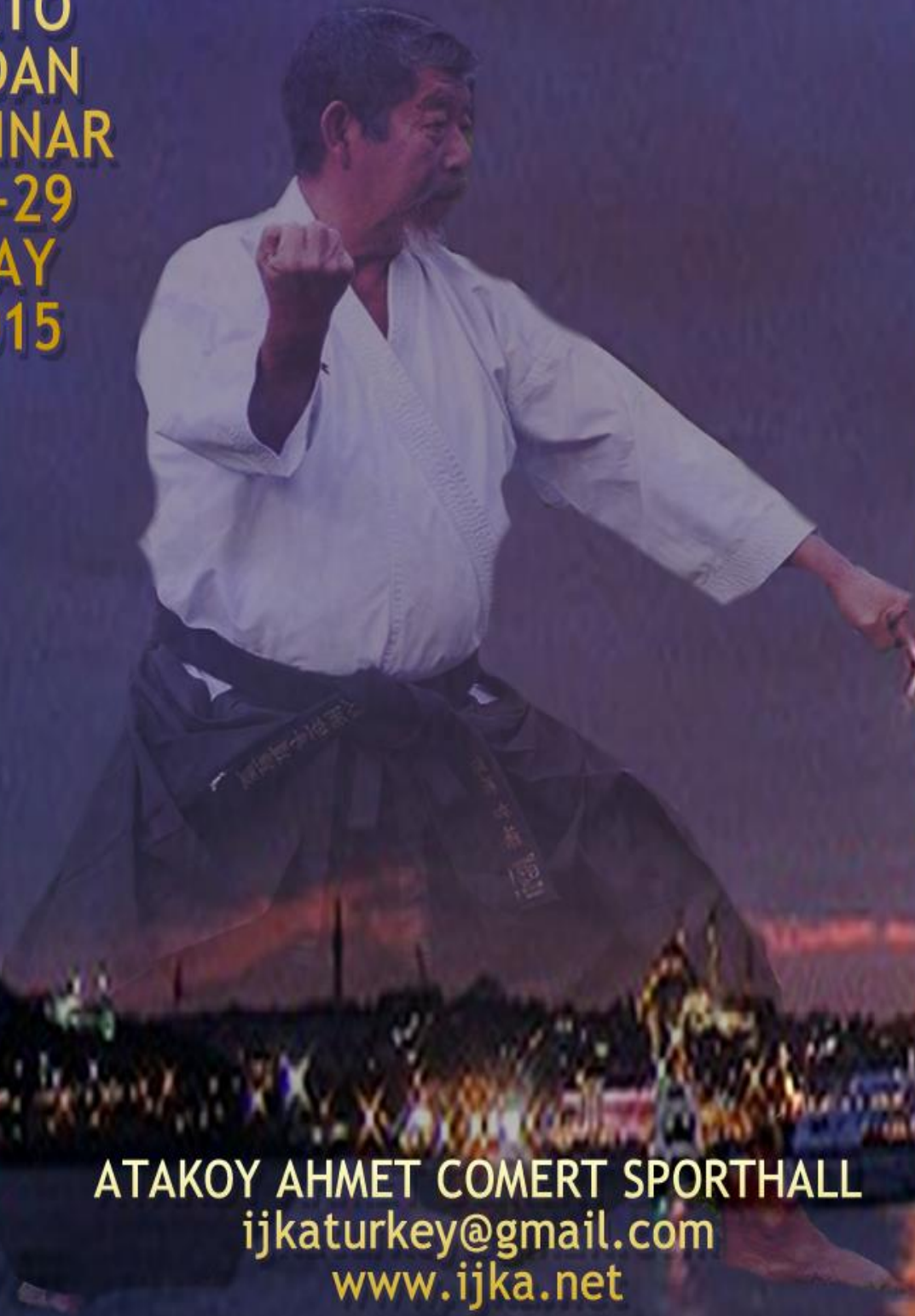




IJKA WORLD CUP

30-31 May 2015
Istanbul - Turkey

SHIHAN
SADESHIGE
KATO
9. DAN
SEMINAR
28-29
MAY
2015



ATAKOY AHMET COMERT SPORHALL
ijkaturkey@gmail.com
www.ijka.net



**IJKA WORLD OPEN
SHOTOKAN CHAMPIONSHIPS & SEMINAR
28-31 MAY 2015
ISTANBUL - TURKEY**



国際日本武術空手道

Hanshi Sadashige Kato
International Japan Karate-do Association
&
IJKA Turkey



are pleased to invite you to the forthcoming IJKA World Open Karate-do Championships & 8th Asai Sensei memorial Cup.

The event will take place between 28th – 31st May 2015 at Atakoy Ahmet Comert Sport Hall in Istanbul, Turkey. There will be a two days training camp followed by the Championships.

“It would give me great pleasure to see you in this event in May 2015 in the city Istanbul ,Turkey which has the historical and touristical beauties.

Oss.”

Sadashige Kato



**IJKA WORLD OPEN
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IJKA Officers

IJKA President Jozsef Kovacs ~ Hungary
IJKA World Secretary Brian Toomey 7th Dan ~ Ireland
IJKA Chief Instructor Hanshi Sadashige Kato 9th Dan ~ Japan
IJKA European Secretary Tamas Molnar 5th Dan ~ Hungary & Chief Referee
IJKA Shihankai President Ron Bellwood 7th Dan ~ England
IJKA Yudanshakai President Mark Watts 4th Dan ~ England

IJKA International Kenshusei

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Sergey Lozovoy 4th Dan ~ Russia
Mikhail Belov 4th Dan ~ Russia
Gligor Glogoroski 5th Dan ~ Macedonia
Danko Glogoroski 4th Dan ~ Macedonia
Vitaliy Shankin 3rd Dan ~ Russia
Windt Gabor Jnr 3rd Dan ~ Hungary

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Gorgen Sokare 6th Dan - Sweden
Keth Crighton 6th Dan ~ Scotland
Peter Custance 6th Dan ~ Wales
Robert Sworek 6th Dan ~ Poland
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Anil Patel 5th Dan ~ India
Vidmantas Butnorius 5th Dan ~ Lithuania
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Boris Krasnaov – 3 dan – Latvia
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(Kubota Shihan) ~ Italy
Ed Fujiwara 7th Dan ~ USA
IJKA Physical Counsellor :-
Dr Jonathan Lyons 5th Dan ~ Bahamas

IJKA TURKEY

Mr. Vedat YOLAY 6th Dan IJKA IJKA Turkey President

Mr. Abidin CARK 6th Dan IJKA IJKA Turkey Vice President

Contact Informations

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IJKA WORLD OPEN SHOTOKAN CHAMPIONSHIPS & SEMINAR 28-31 MAY 2015 ISTANBUL - TURKEY



Date _____ : Seminar 28-29 May 2015
Championships 30-31 May 2015

Venue _____ : Atakoy Ahmet Comert Sport Hall



Istanbul :



- Istanbul is at GMT +2 hour zone.
- Turkey has no regulations concerning vaccinations. However there are swine flu controls at the airports. Basically on body heat.
- Turkey Uses 220 V, 50 Hz electrical system.
- GSM (Non-North American) standard mobile cellular telephones functions. 900/1800.
- Weekdays are Monday to Friday, Banking hours are from 09:00 to 17:00.
- Turkish lira is used in the country, all major currencies can be converted at Banks and Exchange offices. Turkey has a new Lira system. Six zeros has been removed from the old currency.
- As of 1 January 2009 Turkey has new money banknotes. These new banknotes are due for transisin from the New Turkish Lira (YTL) to Turkish Lira (TL). For further details visit the money section or www.tcmb.gov.tr
- Official Holidays: Jan 1 - New years day, April 23 - Children's day, May 19 - Youths day, August 30 - Independence day, Oct 29 - Republic day.



IJKA WORLD OPEN SHOTOKAN CHAMPIONSHIPS & SEMINAR 28-31 MAY 2015 ISTANBUL - TURKEY



Istanbul: A world center of great value in the past as well as in the present, Istanbul embraces Asia on the one hand and Europe on the other.

Istanbul, with its historical peninsula, numerous scenic and historical beauties is a magnificently unique city that has been capital to many civilizations from past to present and still continues to be home to residents from all over the world. This rooted city, with a history dating back to 300 thousand years before, constitutes a mosaic of many civilizations and cultures combined.

Istanbul is one of the most easily accessible metropolises of the world. It has the largest traffic network in Turkey and offers numerous alternatives of city transport.

At the crossroads of the European and Asian continent, the air traffic in Istanbul is very dynamic as the city lies on the connecting and direct flight route of major airways companies. There are two airports in Istanbul that welcome their international guests, the Ataturk International Airport on the European side and the Sabiha Gokcen International Airport located on the Asian side.

Istanbul offers direct flights to any airport city in Turkey while the advanced transportation network of the region allows easy access to any city in the country.





**IJKA WORLD OPEN
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REGISTRATIONS

Seminar Registrations will be made on 28th of May, Thursday starting at 09:00 LT in Sporthall, and competition registrations will be held in Atakoy Ahmet Comert Sporthall on 29 May 2015 starting at 13:00 LT and finishes at 19:00 LT.

ENTRY AND SEMINAR FEE'S

Entry fee	30 € for one event 40 € for two events (Kata and Kumite) 50 € for three and more events (Kumite, Kata and IJKA Kata) 50 € for each team event (Kata or Kumite)
Shihan Kato Seminar	50 €

CATEGORIES

Competition only for advanced grades, 3 kyu – Dan, (brown and black belt)

SHOTOKAN KATA INDIVIDUAL

MINICADETS (12 – 13 years):	Boys (Male)/Girls(Female)
CADETS (14 – 15 years):	Boys (Male)/Girls(Female)
JUNIORS (16 – 17 years):	Male/Female
UNDER 21(U21) (18 – 20 years):	Male/Female U21 competitors can also participate in Senior events
SENIORS (18 + years):	Male/Female
VETERANS (over 40 years):	Male/Female Veterans can also participate in Seniors events
VETERANS (over 55 years):	Male/Female Veterans can also participate in Seniors events

Shotokan Kata rules:

1st Round – elimination round down to 16 competitors (two competitors AKA / SHIRO). Shitei Kata: Heian 1-5 and Tekki Shodan.

2nd Round - elimination round down to 8 competitors (two competitors AKA / SHIRO). Sentei Kata: Bassai Dai, Jion, Enpi and Kanku Dai.

*For MINICADETS (12 – 13 years) and CADETS (14 – 15 years) Sentei kata for the 2nd Round will be: **Bassai Dai and Jion.**

Final Round - By point system. Tokui Kata

In case of a draw, they have to perform a different kata than in the previous rounds.
Limit of participation: Max of 6 competitors per country per category.



**IJKA WORLD OPEN
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IJKA and ALL STYLES OPEN KATA INDIVIDUAL

MINICADETS (12 – 13 years): Boys (Male)/Girls(Female)
CADETS (14 – 15 years): Boys (Male)/Girls(Female)
JUNIORS (16 – 17 years): Male/Female
SENIORS (18 + years): Male/Female
VETERANS (over 40 years): Male/Female Veterans can also participate in Seniors events
VETERANS (over 55 years): Male/Female Veterans can also participate in Seniors events

Rules: Free choice Kata from IJKA list and any style Kata syllabus. By point system.

TEAM KATA

CADETS (12 – 15 years) Under 16 y.o.: Female Kata team, Male Kata team, Kata team mixed
JUNIORS (16 – 20years) Under 21 y.o.: Female Kata team, Male Kata team, Kata team mixed
SENIORS (18 + years): Female Kata team, Male Kata team, Kata team mixed
VETERANS (40 + years): Kata team (Female, Male, and mixed together)

- * **Kata** team can include 5 kyu / 4 kyu, but must include at least one advanced grade 3kyu - Dan
- * CADETS (12 – 15 years) can participate in extra age group: JUNIORS TEAM KATA (16 – 20 years)
- * JUNIORS (16 – 20 years) can participate in extra age group: SENIORS TEAM KATA (18 + years)
- *VETERANS(40+) can participate in extra age group: SENIORS TEAM KATA (18 + years)

Kata team rules: by point system.

In 1st and 2nd rounds: Free kata (Tokui)

Final Round (4 Teams): different Kata than in the preliminary rounds.

In case of a draw, they must perform a different kata than performed in any other round.

Limit of participation: Max of 2 teams per country are accepted in each category.

KUMITE INDIVIDUAL

MINICADETS (12 – 13 years) Boys(Male) -50 kg +50 kg Girls(Female) -45 kg / +45 kg
CADETS (14 – 15 years) Boys(Male) -60 kg / +60 kg; Girls(Female) -52 kg / +52 kg
JUNIORS (16 – 17 years) Boys(Male) -70 kg / +70 kg; Girls(Female) -57 kg / +57 kg
UNDER 21 (U21) (18 – 20 years)Men(Male) -75 kg / +75 kg; Women(Female) -60 kg / +60 kg
SENIORS (over 18 years) Men(Male)-78 kg / +78 kg; Women(Female) -60 kg / +60 kg
VETERANS (over 40 years): Men -78 kg/ +78 kg; Women: Open
VETERANS (over 55 years): Men -78 kg/ +78 kg; Women: Open

* U21 competitors can also participate in Senior events

*VETERANS can also participate in Seniors events

MEN ALL OPEN over 18 years old (Seniors, U21 and Veterans)

WOMEN ALL OPEN over 18 years old (Seniors, U21 and Veterans)

For all age groups the competition is run on Ippon Shobu (2 wazari or 1 Ippon).

The time for each match: 1 minute and 30 seconds for minicadets, 2 minutes for cadets and juniors, U21, seniors and veterans.

Limit of participation: 6 competitors per country are accepted in each individual kumite category.

TEAM KUMITE

CADETS (14 – 15 years) Boys - Open (3 +1 reserve); Girls Open (3 + 1 reserve)
CADET MIXED OPEN (5+ 2 reserve) (3 boys + 2 girls) each match: 1 minute and 30 seconds
JUNIORS (16 – 17 years) JUNIORS MEN OPEN (3 + 1 reserve) / JUNIORS WOMEN OPEN (3 + 1 reserve) / JUNIORS MIXED OPEN (5+ 2 reserve) (3 boys + 2 girls) each match: 1 minute and 30 seconds
SENIORS (over 18 years) MEN OPEN (5 + 2 reserve) / WOMEN OPEN (3 + 1 reserve) / MIXED OPEN (5+ 2 reserve) (3 men + 2 women)

Note: For all the kumite team events, the competition is run on Ippon Shobu (2 wazari or 1 Ippon).

Each match 2 minutes for seniors.

Limit of participation: 2 teams per country are accepted in each team kumite category.

(the kumite team can include 5/4 kyu, but must include at least 3 advanced grades - brown or black belt - out of a 5 person team or 2 advanced grades out of a 3 person team)



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8th ASAI SENSEI MEMORIAL CUP 31 MAY 2015

Competition only for lower grades (9-4 kyu, white, yellow, orange, green and blue belt)

CATEGORIES

KATA INDIVIDUAL

CHILDREN (10 – 11 years):	Boys 9 – 7 Kyu, Boys 6 Kyu and up, Girls 9 – 7 Kyu, Girls 6 Kyu and up
MINICADETS (12-13 years):	Boys 9 – 7 Kyu, Boys 6 – 4 Kyu, Girls 9 – 7 Kyu, Girls 6 – 4 Kyu
CADETS (14 – 15 years):	Boys 9 – 7 Kyu, Boys 6 – 4 Kyu, Girls 9 – 7 Kyu, Girls 6 – 4 Kyu
JUNIORS (16 – 17 years):	Boys 9 – 7 Kyu, Boys 6 – 4 Kyu, Girls 9 – 7 Kyu, Girls 6 – 4 Kyu
SENIORS (18+):	Male 9 – 7 Kyu, Male 6 – 4 Kyu, Female 9 – 7 Kyu, Female 6 – 4 Kyu

Kata rules:

1st and 2nd Round – elimination round down to 8 competitors (two competitors AKA / SHIRO) by Flag system.

Final Round - By point system.

Note: If there are too many or not enough competitors in one category, the organizer can make changes in the groups

Kata rules: By flag system. Preliminary round with kata chosen by the referee.

Two competitors at the same time (AKA / SHIRO) the best 8 competitors pass to the final round.

Final round (by point system) – Free (Tokui) kata.

Elimination Kata for group 9-7 kyu between Taikyoku Shodan and Heian Shodan; Tokui Kata: for group 9-7 kyu between Taikyoku Shodan and Heian Sandan;

In the case of a draw they can repeat kata.

Elimination Kata for group 6-4 kyu between Heian Shodan, Heian Nidan and Heian Sandan. Tokui Kata: for group 6-4 kyu between Heian 1-5 and Tekki Shodan (no other kata are allowed).

In the case of a draw they must perform a different kata.

No limit of participation.

AWARDS

Awards for the IJKA World Open Karate-do Championship and 8th Asai memorial Cup will be diplomas for all competitors.

For individual Kata events, awards will be diplomas and medals for 1st, 2nd and 3rd places.

For kumite individual and team events there will be diplomas and medals for 1st, 2nd and (two bronze medals) two 3rd places.

The team events awards will also include medals for team members

HOTELS

All hotels are close to the stadium with maximum 8 km distance in the city center.

Metrobus, Tramway and Subway stations are close to the stadium.

2 Star Hotels	25 € Per Person Bed and Breakfast in Double Triple Room
3 Star Hotels	35 € Per Person Bed and Breakfast in Double Triple Room
4 Star Hotels	45 € Per Person Bed and Breakfast in Double Triple Room
5 Star Hotels	70 € Per Person Bed and Breakfast in Double Triple Room

Kindly send hotel reservation forms to the ijkaturkey@gmail.com

www.ijka.net

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EVENT PROGRAMME

28 May 2015 (Thursday) Seminar:

10:00 - 11:15 Colour belts and 11:15 – 12:30 brown and black belts

17:00 - 18:15 Colour belts and 18:15 – 19:30 brown and black belts

29 May 2015 (Friday) Seminar:

10:00 - 11:15 Colour belts and 11:15 – 12:30 brown and black belts

17:00 - 18:15 Colour belts and 18:15 – 19:30 brown and black belts

19:30 Grading exam.

30 May 2015 (Saturday) IJKA World Open Championship:

10:00 - 21:00

Events: 1. Shotokan Kata,

2. IJKA Asai Ryu and all styles Open Kata tournament,

3. Shobu Ippon Kumite

31 May 2015 (Sunday) IJKA World Open Championship 10:00 – 16:00



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HOTEL RESERVATION FORM

Hotel Type: 2 Star 3 Star 4 Star 5 Star

Name Surname	Passport Number	Room Type	Check In Date	Airport Arrival Time	Check Out Date	I require Transfer (X)

Kindly send us your flight details and reservation form to ijkaturkey@gmail.com