

SUNDAY, 7 JUNE 2015

WWW.KARATESHOTOKAN.LV

DAUGAVPILS



740

PILSĒTAS SVĒTKI



Daugavpils Fortress

INTERNATIONAL

KARATE

CHAMPIONSHIP



DAUGAVPILS SPORT HALL, Kandavas street 17A, Daugavpils, Latvia



Daugavpils
pilsētas
dome

DAUGAVPILS
SPORTA PĀRVALDE



Daugavpils fortress is the only one well-preserved fortification system in North Europe that wasn't significantly changed since the beginning of 19th century. Overgrown dungeons, ranked canals, derelict buildings, lonely street and a strange feeling of pressure are catching attention of every visitor of this place. **Daugavpils fortress** is the symbol of the city, the great historical monument.

International Karate Championship & Grand Prix "DAUGAVPILS FORTRESS"

Daugavpils, Latvia

REGULATION

PLACE: Daugavpils Sport Hall

Kandavas Street 17a, Daugavpils, Latvia

DATE: Sunday, 07 June 2015

ORGANIZER: Daugavpils Karate Academy „LFSKA“ in cooperation with Daugavpils Sporta Pārvalde

RULES: Shotokan Karate (FSKA, WKC with LFSKA comments)

CHIEF REFEREE: Andrey Komar (6 Dan), assistant Maxim Kireev (3 Dan)

REFEREES: LFSKA Masters and also we will be very grateful for any help by qualified referees only with dan degree

All contestants must have medical control and insurances

KATA:

Male	Female	I Round	II Round	III Round
6-7 years old	6-7 years old	Taikyoku 1, Heian 1,2,3,4,5	Taikyoku 1, Heian 1,2,3,4,5, Bassai Dai, Enpi, Kanku Dai, Jion	Taikyoku 1, Heian 1,2,3,4,5, Bassai Dai, Enpi, Kanku Dai, Jion, Jitte, Gankaku, Bassai Sho, Kanku Sho, Sochin, Nijushiho, Gojushiho Dai, Gojushiho-Sho, Wankan, Chinte, Unsu, Meikyo
8-9 years old	8-9 years old			
10-11 years old, 10-8 kyu	10-11 years old, 10-8 kyu			
10-11 years old, 7 kyu and up	10-11 years old, 7 kyu and up			
12-13 years old, 10-7 kyu	12-13 years old, 10-7 kyu			
12-13 years old, 6 kyu and up	12-13 years old, 6 kyu and up			
14-15 years old, 10-6 kyu	14-15 years old, 10-6 kyu			
14-15 years old, 5 kyu and up	14-15 years old, 5 kyu and up			
16-17 years old, 10-6 kyu	16-17 years old, 10-6 kyu			
16-17 years old, 5 kyu and up	16-17 years old, 5 kyu and up			

*Kata competitions will be held the **scoring system**.

*In age categories 6-7 years old and 8-9 years old competitors may repeat Kata in next round.

*If in category will be more than 4 competitors, then will be two rounds.

*If in category will be more than 8 competitors, then will be three rounds.

Daugavpils Fortress



KUMITE:

Age groups	Weight groups		Time
	Male	Female	
6-7 years old	Open (sanbon)	Open (sanbon)	1 min
8-9 years old	Open (sanbon)	Open (sanbon)	1,5 min
10-11 years old	-40 kg (sanbon)	-35 kg (sanbon)	1,5 min
	+40 kg (sanbon)	+35 kg (sanbon)	
	Open (ippon)	Open (ippon)	
12-13 years old	-50 kg (sanbon)	-45 kg (sanbon)	1,5 min
	+50 kg (sanbon)	+45 kg (sanbon)	
	Open (ippon)	Open (ippon)	
14-15 years old	-60 kg (sanbon)	Open (sanbon)	2 min
	+60 kg (sanbon)	Open (ippon)	
	Open (ippon)		
16-17 years old	Open (sanbon)	Open (sanbon)	2 min
	Open (ippon)	Open (ippon)	

*EXTRA MATCH: encho-sen (one waza-ari or ippon, 1 minute) for all categories

*PROTECTIONS FOR KUMITE: Gumshields, colored gloves (red(aka) or blue(ao)) - compulsory, groin guards (boys) and chest protectors (girls) – allowed.

IMPORTANT: All sportsmen can start only in self age categories.

If in category are registered 3 or less sportsmen, they can be added to another category

ENTRY FEE: For one category – 10 EUR
For two categories – 20 EUR
For three categories – 25 EUR

PRIZES: medals, diplomas and presents from organizers and sponsors

SPECIAL PRIZE: Grand Prix “Daugavpils Fortress” for the best club of the championship (Scoring rules: 1st place – 5 points, 2nd place – 3 points, 3rd place – 1 point)

ENTER FORMS: sent deadline **02.06.2015** by e-mail: senseiakomar@inbox.lv

EVENTS PROGRAM:

09.00 – 09.30 Registration
09.30 – 10.00 Referees meeting
10.00 – 10.20 Open ceremony
10.30 – 13.00 Competitions (Part 1)
13.00 – 13.15 KATA Awards ceremony
13.15 – 14.00 Break time
14.00 – 18.00 Competitions (Part 2)
18.00 – 18.30 KUMITE & Grand Prix Awards ceremony

HOTELS: Looking on the google:

<http://www.google.com/search?ie=UTF-8&oe=UTF-8&sourceid=navclient&gfns=1&q=daugavpils+hotel>

CONTACT: *Daugavpils Karate Academy „LFSKA”*

Tel. No. +371 29236618

E-mail: senseiakomar@inbox.lv; senseiakomar@gmail.com

website: www.karateshotokan.lv

WELCOME TO DAUGAVPILS, LATVIA

Daugavpils Fortress

