

Sadashige Kato Shihan 9 Dan

International Karate Seminar

13-14 June, **2015**

Lithuanian Karate Association invites to participate in an international two day practical, training and examination seminar with one of the most famous and the best modern karate master, IJKA Chief Instructor **Sadashige Kato Shihan 9 Dan**.

Organizer: Lithuanian Karate Association – IJKA member

Date: 13-14 June, 2015

Location: Pakruojo Sport Centre, Statybininku street 3, Pakruojis, Lithuania

Seminar fee: 9-4 kyu – 30 EUR; 3 kyu-Dan – 40 EUR

Accommodation:

Valdemaras Kozlovas

phone +370 652 41 058, e-mail karate.cunami@gmail.com

Registration: e-mail <u>karate.cunami@gmail.com</u>

More information:

Vidmantas Butnorius, phone +370 698 33 379

Valdemaras Kozlovas, phone +370 652 41 058

Seminar schedule:

2015-06-13 (saturday)

10:00 - 10:45	Registration and accommodation process
11:00 - 12:00	Training course for 9-4 kyu
12:15 - 13:15	Training course for 3 kyu-Dan
16:00 - 17:00	Training course for 9-4 kyu
17:15 - 18:15	Training course for 3 kyu-Dan
18:15 – 12:00	Dan exams (only for seminar participants)

2015-06-14 (sunday)

10:00 - 11:00	Training course for 9-4 kyu
11:15 - 12:15	Training course for 3 kyu-Dan
15:00 - 16:00	Training course for 9-4 kyu
16:00 - 16:20	Photo session
16:30 - 17:30	Training course for 3 kyu-Dan
19:00	Sauna

President of Lithuanian Karate Association

Vidmantas Butnorius, 7 Dan

