



Lietuvos Shotokan karatė federacija Lithuanian Shotokan karate federation

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LSKF is affiliated to: ESKA, WSKA, FSKA, WSKF and WKC

XXIII BALTIC SHOTOKAN KARATE CHAMPIONSHIP



Organizers: Lithuanian Shotokan Karate Federation, karate club "ALFA".

Place: Parko str. 12, Panevėžys, Lithuania **"CIDO" Sport Arena**

Date: Sunday, 26th February 2017.

Rules: ESKA Shotokan:

Individual Kumite – **Shobu Sanbon** / two third places

Team Kumite (3+1) – **Shobu Ippon** / one third place

Individual Kata eliminations by flag system.

Final ant team Kata by point system (tokui kata) / one third place.

Categories:

KATA

Male:	Female:	<i>Kata list for eliminations</i>
6 -7 y.	6 - 7 y.	Taikyoku-1
8 - 9 y.	8 - 9 y.	Taikyoku-1, Heian-1
10 y - 11 y.	10 - 11 y.	Taikyoku-1, Heian -1,2
12 y - 13 y.	12 - 13 y.	Heian-1,2,3
14-15 y.	14 - 15 y.	Heian - 1,2,3,4,5
16-17 y.	16 - 17 y.	Heian - 2,3,4,5, Tekki - 1
18-20 y.	18-20 y.	Heian - 2,3,4,5, Tekki - 1
Team 14-17 m.	Team 14-17 m.	Tokui kata / two rounds (elimination + final)

KUMITE

Male:	Female:	<i>Time limit</i>
6-7 y.(open),	6-7 y. (open),	1 min
8 y.(-32 kg,+32 kg), 9 y.(-34 kg,+34 kg),	8-9 y. (open),	1,5 min
10-11 y.(-40 kg), 10 y.(+40 kg), 11 y.(+40 kg),	10-11 y. (-35 kg, +35 kg),	1,5 min
12-13 y.(-50 kg),12 y.(+50 kg), 13 y.(+50 kg),	12-13 y. (-40 kg, +40 kg),	1,5 min
14-15 y.(-60 kg), 14 y.(+60 kg), 15 y.(+60 kg),	14-15 y. (open),	1,5 min
16-17 y.(-70 kg), 16 y.(+70 kg), 17 y.(+70 kg),	16-17 y. (open),	2,0 min
18-20 y. (open),	18-20 y. (open),	2,0 min
Team kumite 16-17 m. (possible to include 14-15 y.)	Team kumite 16-17 m. (possible to include 14-15 y.)	2,0 min
		2,0 min

When less than 3 competitors in a category, they will be moved to another appropriate category.

Competitors in categories 6-13 y. old can participate ONLY in their own age categories.

Competitors in categories 14-17 y. old can participate in their own age and one upper, by age, category.

PROGRAMME: 26th February 2011 Sunday

9.30 – 10.00 - Meeting

(judges, chief instructors).

10.00 –14.00 - Kata, kumite eliminations:

10.00 – (6-7 y.), (8-9 y.), (10-11 y.)

11.30 – (12-13 y.), (14-15 y.)

13.45 – Awards ceremony

(6-7 y., 8-9 y., 10-11 y., 12-13 y.)

14.15 – 15.00– Break.

15.00 – 15.25 - Opening ceremony.

15.30 – 18.00- (14-15 y.) Finals.

(16-17 y.) Kata, kumite, finals.

(18-20 y.) Kata, kumite finals.

Team kata, kumite finals.

18.30 – Awards ceremony (14-20 y.).

19.00 – Press conference.

Judges: Chief referee Alfonsas Valuntonis will be very grateful for any help offered by qualified referees.

Weight control: weighing will be executed (selectively) before the category of competition. An athlete who does not meet the weight requirements will be disqualified (or can be moved to another category after having paid a correction fee –10 €).

Protection: compulsory gumshields and white gloves-mitts, (ESKA standart), groin guards (men) and chest-protectors (women) are allowed.

Each contestant must have no existing injuries and be insured against injuries: In case of injury, LSKF and all organizers do not take responsibility and will not be held liable for any compensation. It is Clubs Instructors responsibility to insure competitors prior competition. ***It is therefore strongly recommended that all competitors be insured against accidents and injuries.***

Results: for 1st place – 5 points, 2nd place – 3 points, 3rd place – 2 points, 4th place – 1 point. In kumite, for the 3rd place - 1,5 points

For a team victory, the club will be awarded XXIII Baltic Club Shotokan karate championship cup. Note: points are calculated only at club, not Federation level.

Awards: Champions will be awarded with personal prizes, medals and diplomas, prizeman – with medals and diplomas.

Entry Fee:

15 € - for one Category , 25 € - for two Cat., 2, 35 € - for three Cat., 45 € - for four Cat .

30 € - for team.

5 € entry fee - for champions of 2016 y. championship:

KATA		20	Natalia Budzyń	RONIN Dabrowa Gornicza PL	
1	Marta Teicane	LFSKA Daugavpils	21	Liene Kalvane	Latvian Karate Association
2	Roberta Driučikaitė	Garliavos "Budo"	22	Neila Sventickytė	Zarasų "Zarasai"
3	Renate Žimova	LFSKA Daugavpils	23	Gabrielė Marozaitė	Mažeikių "Danas"
4	Vanesa Kaminskaitė	Panevėžio "Alfa"	24	Emilis Turskis	Garliavos "Budo"
5	Eglė Duobaitė	Panevėžio "Alfa"	25	Nikita Maksanovs	Jelgava "Vitus"
6	Eglė Duobaitė	Panevėžio "Alfa"	26	Justinas Miakša	Radviliškio "Rytų kovotojas"
7	Gabrielė Marozaitė	Mažeikių "Danas"	27	Timas Vrublevskis	Kauno "Samurajus"
8	Pijus Macijauskas	Radviliškio "Rytų kovotojas"	28	Edvards Dūcis	Latvian Karate Association
9	Augustas Povilaika	Garliavos "Budo"	29	Nikita Kijanovs	Jelgava "Vitus"
10	Mihail Sazonov	LFSKA Daugavpils	30	Lukas Čiurlys	Kauno "Era"
11	Lukas Čiurlys	Kauno "Era"	31	Gvidas Dišlė	Radviliškio "Rytų kovotojas"
12	Matas Krūgelis	Radviliškio "Rytų kovotojas"	32	Danilis Gruzjaks	Latvian Karate Association
13	Rolandas Vaiškūnas	Švenčionėliai "Karate akademija"	33	Simonas Loda	Garliavos "Budo"
14	Erik Mednikov	LFSKA Daugavpils	34	Armands Grosbergs	Daugavpils "Sochin"
15	Eimantas Gajauskas	Šiaulių "Baltasis tigras"	35	Arnas Pačiūpis	Kauno "Samurajus"
KUMITE		36	Ignas Žvikas	Mažeikių "Žemaitis"	
16	Liepa Brazauskaitė	Panevėžio "Alfa"	37	Erik Mednikov	LFSKA Daugavpils
17	Renate Žimova	LFSKA Daugavpils	38	Tomas Balčius	Šiaulių "Baltasis tigras"
18	Simona Labenskaitė	Radviliškio "Rytų kovotojas"	39	Karolis Ubeika	Utenos "Impulsas"
19	Vaida Astašauskaitė	Garliavos "Budo"	40	Marius Arlikevičius	Šiaulių "Baltasis tigras"
		41	Eduard Valchev	Panevėžio "Alfa"	
		42	Laurynas Norbutas	Panevėžio "Alfa"	

Application Forms must be sent before **23th of February 2017 y,** to:

e-mail: a.valuntonis@shotokan.lt

You can download entry forms from our web site: www.shotokan.lt

President of LSKF
Kazimieras Bartkevičius
tel. mob.: 370–698 25 736

Chief judge
Alfonsas Valuntonis
tel. mob.: 370–686 55 472

Accommodation:

Hotel **PANEVĖŽYS 2*** address: **Laisvės ave. 26 Panevėžys** (from ~ 25€ /person)

www.lithuanianhotels.com/hotels/Panevezys

Hotel **PERVAŽA 2*** address: **Smėlynės str.112, Panevėžys**(from ~ 20€ /person)

www.pervaza.lt

Hostel **Sport “Olimpas”** address: **Liepų al. 4, Panevėžys**(from ~ 20€ /person)

