

REGULATION

PLACE: Daugavpils Sport Hall Kandavas Street 17a, Daugavpils, Latvia

DATE: Saturday, 2 December 2017

ORGANIZER: LFSKA

RULES: Shotokan Karate with WKF PROTECTIONS FOR KUMITE

CHIEF REFEREE: Andrey Komar (6 Dan)

REFEREES: LFSKA Masters and also we will be very grateful for any help by qualified referees

KATA:

Male	Female	I Round	II Round	III Round
6-7 years old	6-7 years old			
8-9 years old	8-9 years old			
10-11 years old,	10-11 years old,			
10-8 kyu 📄	10-8 kyu			
10-11 years old,	10-11 years old, 💦			Taikyoku 1, Heian
7 kyu and up	7 kyu and up 🔰			1,2,3,4,5, Bassai Dai,
12-13 years old,	12-13 years old,	71	Taikyoku 1,	Enpi, Kanku Dai, Jion,
10-7 kyu	10-7 kyu	Taikyoku 1,	Heian	Jitte, Gankaku, Bassai
12-13 years old,	12-13 years old,	Heian	1,2,3,4,5,	Sho, Kanku Sho,
6 kyu and up	6 kyu and up	1,2,3,4,5	Bassai Dai,	Sochin, Nijushiho,
14-15 years old,	14-15 years old,	1,2,0,4,0	Enpi, Kanku	Gojushiho Dai,
10-6 kyu	10-6 kyu		Dai, Jion	Gojushiho-Sho,
14-15 years old,	14-15 years old,			Wankan, Chinte, Unsu,
5 kyu and up	5 kyu and up			Meikyo
16-17 years old,	16-17 years old,		- v	2
10-6 kyu	10-6 kyu			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
16-17 years old,	16-17 years old,			2
5 kyu and up	5 kyu and up			4

- *Kata competitions will be held the **scoring system**.
- *In age categories 6-7 years old and 8-9 years old competitors may repeat Kata in next round.
- *If in category will be more than 4 competitors, then will be two rounds.
- *If in category will be more than 8 competitors, then will be three rounds.

KUMITE:

	Weight	Time		
Age groups	Male	Female	Time	
6-7 years old	Open (sanbon)	Open (sanbon)	1 min	
8-9 years old	Open (sanbon)	Open (sanbon)	1,5 min	
	-40 kg (sanbon)	-35 kg (sanbon)	1,5 min	
10-11 years old	+40 kg (sanbon)	+35 kg (sanbon)		
	Open (ippon)	Open (ippon)		
	-50 kg (sanbon)	-45 kg (sanbon)		
12-13 years old	+50 kg (sanbon)	+45 kg (sanbon)	1,5 min	
	Open (ippon)	Open (ippon)		
	-60 kg (sanbon)	Open (sanbon)		
14-15 years old	+60 kg (sanbon)	Open (ippen)	2 min	
	Open (ippon)	Open (ippon)		
16-17 years old	Open (sanbon)	Open (sanbon)	2 min	
	Open (ippon)	Open (ippon)		

*PROTECTIONS FOR KUMITE: Gum shield, colored gloves red(aka) or blue(ao)-WKF standard - compulsory,

groin guard, chest protector and colored foot protectors red(aka) or blue(ao)-WKF standard - <u>allowed.</u>

All contestants must have medical control and insurances

IMPORTANT: All sportsmen can start only in self age categories.

If in category are registered 3 or less sportsmen, they can be added to another category

ENTRY FEE: For one category - 10 EUR

PRIZES: medals, diplomas and cups

SPECIAL PRIZES: "Baltic Funakoshi Cup" for the best contestant in KATA + KUMITE competitions in each age category

ENTER FORMS: sent deadline 28.11.2017 by e-mail: <u>senseiakomar@inbox.lv</u>

EVENTS PROGRAM:

- 09.00 09.30 Registration
- 09.30 10.00 Referees meeting
- 10.00 10.15 Open ceremony
- 10.20 13.00 Competitions (Part 1)
- 13.00 13.15 KATA Awards ceremony
- 13.15 14.00 Break time
- 14.00 18.00 Competitions (Part 2)
- 18.00 18.30 KUMITE & "Baltic Funakoshi Cup" Awards ceremony

CONTACT: Latvian Funakoshi Shotokan Karate Academy

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WELCOME TO DAUGAVPILS, LATVIA